



## VOLUME 3 ISSUE 9

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#### Special Features & Columns

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Special Professionals and Businesses in Our Area  
Upside of Downs  
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WHAT is Prader Willis Syndrome

#### Special Advice

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Ask the Therapist  
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#### Special Care of You: Exercise

Beach and Water Workout

#### Special Food: Kid Friendly Meals

Sizzlin Summer Food

#### Special Battles

Special Summer Resources and Camps

#### Our Special Homes and Gardens

Home Spruce Up Better Choices (especially after diagnosis)

#### Special Places

Let's Go to the BEACH  
Beach finds for the FAMILY

# SOMETHING *Special*

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